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# 思風

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# 編者的話

F. 5B 李思源

下筆書寫本期「編者的話」之際，翻看上一期寫於2021年11月之「編者的話」，當中提及：「疫情暫緩，終於回到校園恢復正常的生活……」。說時遲，那時快，世事無常，上期《思風》就在第五波疫情下誕生；同時編委們亦如常密鑼緊鼓地籌備本期的工作。幸而，我們並未因新冠病毒肆虐而退卻；還有，校友在非常時期回來接受專訪，在此獻上衷心的謝意。

回想昔日《思風》有一個專題，命為「跨出校園 擴闊視野」，可惜，這幾年都無法舉辦遊學團，這欄目已石沉大海。本期《思風》盼望能透過專訪曾在海外留學的老師，讓大家一窺海外學習的生活。衷心感謝李揚真校長、黃可嘉老師與陳雅欣老師接受訪問，分享留學的寶貴體驗，讓同學拓闊視野。

疫情下，除了未能舉辦交流團，校內的課外活動也取消，幸而在學校多方面的配合，並在謹守防疫措施下，感謝課外活動委員會統籌各項班際比賽。願《思風》藉報道活動的點滴，與大家記載青春歲月裡美好的時光。

承接上一期校友專訪，我們很榮幸邀請到電影服裝指導師王寶儀校友與室內設計師孫穎兒校友接受採訪，鼓勵同學發揮潛能，勇於追夢，願我們有一天能在夢想的舞臺上大放異彩，熠熠生輝！

再次衷心感謝校長、老師、校友和同學接受專訪，並《思風》各編委盡心盡力完成各項編採工作，以及從旁拍攝的同學。希望大家能夠從《思風》中獲得啟發，滋潤心靈，找到屬於你人生的指路燈，思考自己的理想與價值！

## *Words from the Principal*

### We shall overcome

Adversity builds character. Failure reveals it. Anyone who has experienced any form of stress usually comes out stronger, harder and better. In school, we constantly hear the rallying cry of fellow schoolmates, 'Do your best! Don't give up!' Students shouting across the basketball court, encouraging each other to look forward no matter what obstacles lay before them.

In March of 2022, Hong Kong faced the largest obstacle in its history. The medical storm brewing since February was brought on by the gushing winds of Omicron. The virus flowed through every nook and cranny of our society. Tossing our school and families around. Turning our lives upside down with illnesses. This storm not only threatened to bring us down, but it was also capable of drowning Hongkongers with negative thoughts and depression. This storm raised fears.

The Lord said in Isaiah 41:10:

Fear not, for I am with you;  
Be not dismayed, for I am your God.  
I will strengthen you,  
Yes, I will help you,  
I will uphold you with My righteous right hand.'

The Bible comforts us with God's assurances and promises. God provided Noah with a promise after the floods, a sign of hope: a rainbow. As the word implies, this 'bow'(God's promise) can only appear after 'rain'(a storm) has stopped. The deal with

God is simple: we must go through a storm before we get a chance to see a rainbow.

In this month's issue, we will get a chance to meet 3 people who have ventured overseas to further their education: Ms. Heidi Wong, Ms. Daisy Chan, and myself. Each one of us has faced personal hardships when we had to learn to adjust and adapt to our new environments. Allow us to bring you on a journey outside the shores of Hong Kong while we reminisce on our past and share how our experiences help us with our lives today.

Do not allow sadness to shape our lives. Have trust and know that God will clear each storm we face and help us emerge out of any difficulty. Teachers and students all hold dearly to our hearts the quality of determination and perseverance. Life is a constant grind and academia is the perfect analogy for life's constant struggle.

For example, I believe, if you succeed in a weekly Maths quiz, do well for a simple English dictation, or just win verbal praises from your teachers for your art homework, all these represent success. Accumulating these little successes will translate into a habit of determination. Therefore, walk forward, always trying and never giving up, with grit and determination. One day, you will overcome all your troubles and see a rainbow waiting for you.



## Dr Lee's Amazing Days in Canada

(From left to right) Miss Yu Wah Kei, F. 4C Li Ka Ho, F. 4C Lo Tin Lok, F. 5B Lee Sze Yuen, Dr Lee, F. 4A Li Yin Wai, F. 4D Chan Nga Ki, F. 4A Chen Ming Kin, Miss Li Sze Wai



A Corner in Dr Lee's office

Curious about our Principal Dr Lee Yeung Chun's early days in Canada for his Bachelor's Degree course, we met him again in early June at his office. It is a cosy place which features numerous ornaments of owls, which symbolise wisdom and knowledge. Opening his door, Dr Lee welcomed us with an encouraging smile. He knew what we needed exactly at that moment. Though feeling anxious, we longed for his amazing stories which took place in this English-speaking country. What would it be like to live alone in a place which is more than 10,000 km away from home?

### Leaving home for the first time

'I remembered when I first arrived in Canada, it was January, in the winter. Looking down from the airplane window, I could only see one color—white,' Dr Lee described the stunning view composedly. However, he didn't feel good, as he left behind his family and friends, went overseas alone. He had to carry two pieces of huge luggage, pass through the customs and check in again for another domestic flight for Manitoba, which is a central province in Canada, by himself. When he stepped out of the airport, the flatland city was nearly -20 degree Celsius. 'It's cold,' Dr Lee continued, 'but this is life in Canada. We don't even need any freezers! Because of the long winter, Canadians treasure summertime very much.'

Although Canada is extremely freezing, it is more affordable for middle-class students than the United Kingdom and the United States. Dr Lee chose Manitoba but not Vancouver or Toronto because of its lower costs of living. Another reason is he could polish up his English skills by surrounding himself with fewer Chinese students in the area.

'I tried to brush up my English before flying abroad, but now I think it's useless,' Dr Lee laughed. 'It's too late! If you want to improve your language skills, start from today, not two months before you get onto the plane!' He even tried to equip himself with some North American slang, which was not easy though. Other than preparing himself psychologically, he packed his luggage with a new walkman, some warm items of clothing like down jackets and surprisingly, many batteries. 'Someone told me batteries were expensive in Canada,' Dr Lee recalled. It is still true now.



Life in Canada





## Unforgettable moments in Canada

Moving to a country an ocean away is challenging as you need to be self-reliant. Dr Lee expressed that he had to cook and do groceries, which were new to him. He can still recount the typical items he purchased from the routine he repeated decades ago. 'Chicken breasts, chicken thighs, chicken wings,' the Principal recited, 'I bought them because they were cheap.'

Dr Lee further described his happy yet worrying experience installing a telephone, setting up a bank account and handling a huge amount of money. Facing an unfamiliar situation all by yourself can be an exciting adventure; nevertheless, independence is an essential skill to learn. This is the daily life of settling in a foreign community.

Canadian society is different from Hong Kong's. 'Everyone is so friendly. When you walk toward a door, Canadians will hold it and wait for you to come; but in Hong Kong, you just wait for someone else to open the door for you!' Dr Lee giggled. 'You feel safe in Canada,' he added. The Principal continued to examine more of the contrasting culture of the two regions. One observation he mentioned was the distinct habit of drinking wine. 'Chinese people like sitting together drinking over and over. But not for Canadians. They'll spend the whole evening drinking slowly,' he compared, '[as] they really taste and enjoy the wine.' Chinese people, according to his observation, tend to drink while enjoying moments being together.

Dr Lee has met diverse groups of people, from his African roommate to his Singaporean and Malaysian friends, who impacted his life to various degrees. Despite this, one person undoubtedly opened a new chapter in the headmaster's life. 'I met my first girlfriend during my [final] year of studies at university. She was from Vietnam and was 3-4 years older than me,' he chuckled. During the graduation ceremony, the young man introduced his partner to his mother. 'She turned her eyes away just because of one simple reason - my girlfriend was older than me,' Dr Lee said firmly that age never concerns him in a relationship. His companion helped him go through many difficulties. The year they spent together was full of lovely moments. Although they broke

## A character-building trip

Dr Lee's trip to Canada has turned him into a tougher and more adventurous person. 'I've been more eager to take risks and challenges. That's why I departed from my role as a Vice-Principal at my alma mater and became the Principal of CCC Ming Kei College,' Dr Lee explained. Four years later, he asked for a transferral from the previous school to CCC Ming Yin College to see how he could make an influence here. He hopes that students and teachers share constructive opinions with one another openly.

Invited to give useful advice to students who are interested in studying overseas, Dr Lee pondered before uttering his words. 'I had to go through long and chilling winters all by myself and it was difficult to get encouragement.' He states that it is

• 校長及老師專訪 •



up eventually, Dr Lee is still thankful for her existence. Now he keeps his mind open to the age and race of the potential spouse of his teenage children. It is perfectly fine if his son wants to marry a girl older than him. He also doesn't mind if his daughter's boyfriend is a non-Chinese.

important to motivate yourself and manage yourself. 'You shouldn't be afraid of failing as long as you reflect on yourself and stand up again. It takes courage to make progress and reach perfection.' He strongly believes that positive attitude, like time management skills, can be taught and trained.

'No one will be well prepared to move overseas. My advice for students who plan to study abroad is that you must have a clear goal to guide you,' emphasised Dr Lee. 'Everyone has different destinations and no one knows if your goal will come true, but it is still important to maintain a good attitude.' Dr Lee thinks that students shouldn't be scared of moving on to their next goals, since that is the key to success in the long run.



# Q&A

## Quick-fire questions with Dr Lee

1. Homestay family or Dormitory?
2. Christmas or Chinese New Year?
3. Train or Private vehicle (bike/car)?
4. Niagara Falls or Rocky Mountains?
5. Canadian food or Chinese food?

\*Check out Dr Lee's choices at the end of this article!



Thank you for Dr Lee's full support!

(From left to right) F. 4A Chen Ming Kin, F. 4C Li Ka Ho, F. 4C Lo Tin Lok, F. 4D Chan Nga Ki, F. 4A Li Yin Wai, Dr Lee, F. 5B Lee Sze Yuen

Answers: 1. Homestay family 2. Christmas 3. Train 4. Niagara Falls 5. Chinese food

Photo credits: F. 5C Cheung Kit Sham Esther, F. 5C Koo Wing Shan



## Ms Wong Ho Kar, Heidi Taking A "Gap Year" to Study Overseas

(From left to right) F. 4B Wong Wing Yan, F. 4B Guan Nga Yan, F. 4C Lee Tsz Yan, Ms Wong, F. 4C Guan Nga Lam, F. 4C Tso Yan Yi

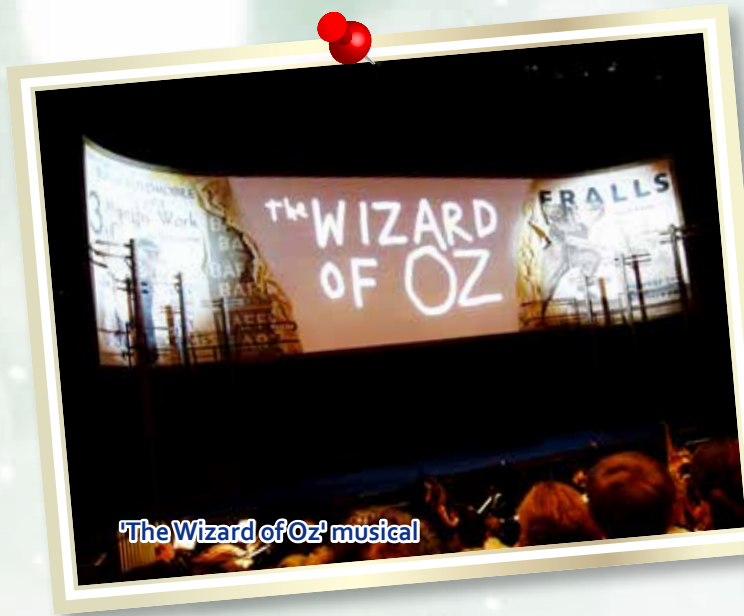
Ms Wong Ho Kar, our English teacher, has studied overseas in the UK before. We are very honoured to interview Ms Wong to share her experience there.



**Q: Why did you study in the UK?**

**A:** I did my bachelor degree and teacher training in Hong Kong. When I first started working at Ming Yin, I had decided that I needed a master degree to enrich my professional knowledge. That's why I applied for a one-year no-pay leave. Since I am an English teacher, the UK is naturally my first choice. Apart from this, a full-time master degree in other English-speaking countries like the USA and Canada takes 2 years to complete. However, those in the UK only take one year, which is suitable for me.





'The Wizard of Oz' musical



Funfair on Guy Fawkes Day

**Q: What are the main differences between living in the UK and Hong Kong?**

A: In terms of the language, most people in Hong Kong speak Cantonese. However, in London, there are a lot of people from other places who were not born and raised in the UK. Therefore, English has become a common language for everyone to communicate.

Talking about the system, the infrastructure in the UK and Hong Kong is similar. When I first arrived in the UK, I took a selfie on the bus and sent it to my friends. They asked me why I took a photo in HK and sent it to them!

**Q: What were your biggest challenges while studying in the UK?**

A: Since I was doing a master degree, I needed to complete a dissertation. Before writing it, I needed to draft the topic, consult my supervisor, and send the questionnaire back to Hong Kong to collect data and analyse the survey results. Also, I needed to make

references to many books. It took me months to finish.

Another biggest challenge while studying in the UK was that I needed to work with coursemates from different cultural backgrounds. They all had different knowledge on English teaching. Local students generally took more initiative and asked more questions.

In my daily life, although I had been learning English in Hong Kong for more than 10 years, I couldn't fully understand what people were saying on the street in the first few weeks. I noticed that the daily use of English is quite different from the English we learned in textbooks.

**Q: Could you share some interesting stories that happened in the UK?**

A: There are two interesting stories that happened in the UK. The first story is about names. My English name is Heidi but students from other East Asian

countries like Japan and Korea did not have an English first name. Therefore, my coursemates just called me 'Ho Kar' instead of 'Heidi' and they were very puzzled when I told them that they couldn't find 'Heidi' on my official documents. Another story is about living at the university dormitory with three flatmates from different countries. My flatmates were taking different post-graduate courses and we had different lifestyles but they were all easy to get along with. We hung out regularly on weekends. I took them to Chinatown to yum cha and we cooked together in the pantry quite often. I treasure this

relationship very much.

**Q: Are there any festivals you find interesting? Also, could you recommend some must-see attractions in the UK?**

A: In the UK, there is 'Guy Fawkes Day' (held on 5th November), which I find interesting. It was about a man called Guy Fawkes, who was trying to burn the House of Parliament. People mostly celebrate it by putting on fireworks and having carnivals. It is quite memorable for me because we don't celebrate Guy Fawkes Day in Hong Kong.

I joined a programme called 'Host UK' that year, which provided overseas



Ms Wong with her flatmates from Malaysia, Canada and Germany (left to right)



students a chance to stay with a host family. This was a very nice experience because the hosts were friendly and I spent a British-style weekend at their place in a small town called Dulverton.

In London, there are a lot of world-famous museums, most of which are free. However, my personal favourite is the Victoria & Albert Museum (the V&A). It is a famous museum of design and its exhibits are exquisite.

One of my favourites about London is musicals. There are a lot of small theatres in a district of London called West End. They offer student discounts

as low as several pounds, which are very cheap compared to those in Hong Kong. Additionally, as the size of the performing venue is so small, it feels very intimate like you can literally touch the actors. That's why I grabbed the opportunity to watch quite a number of musicals.

I especially love the natural scenery of the UK and I would recommend an area called the Lake District. The spectacular landscape inspired the renowned writer Beatrix Potter to create works like 'The Tale of Peter Rabbit'. It is a very beautiful area that I would love to visit again.



Raspberry picking during the home stay.



Round Reading Room, Maughan Library, King's College London

**Q: What have you learnt from studying in the UK? Do you have any advice for students interested in studying overseas?**

A: When you visit a foreign place, surprisingly, you will know more about yourself and your hometown. Everyone is similar and speaks the same language in your hometown. You can't tell how things are done. The distance has given me perspectives so I know more about myself and also Hong Kong as well.

Planning is important too. It took me a few years to save money and plan which year to take my master degree and which course was the best for me.

Also, you need to keep an open mind because people and things can be quite different.

**Q: Who would you like to thank?**

A: I would like to thank my parents and my younger sister for their support. But there is a person who I would like to thank – the former principal Mr Chan Siu Choy. I had only worked for 2 years at Ming Yin when I applied for the no-paid leave to go overseas. In fact, he could have turned my request down. However, he encouraged me and kept my teaching post so I did not need to worry about job hunting afterwards. Therefore, I would like to express my gratitude to him.



Ms Wong enjoying the breathtaking view at the Lake District.





## 陳雅欣老師 讓留韓為青春添色彩

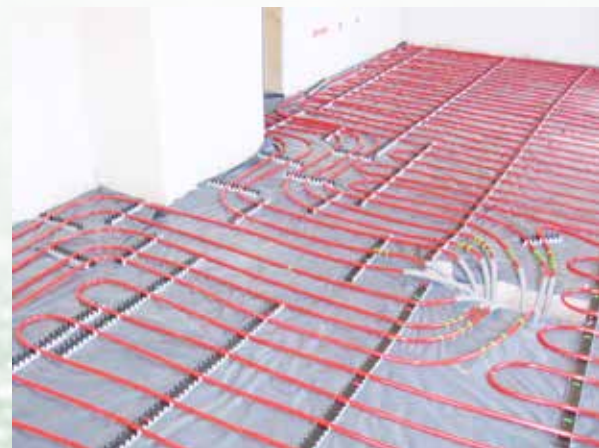
陳老師的畢業合照（圖第一行左一）

很高興邀請到陳雅欣老師接受F. 4A李賢慧、F. 4A陳明健、F. 4B王鴻煒、F. 4A叶浩鈞訪問，分享留學經驗，以及本年度韓社主席F. 4C陳煒詩同學介紹韓社活動。陳老師在本校就職期間曾到韓國進修韓文，並在完成碩士學位後回銘賢創立「韓社」，教授同學各種有關韓國的知識。她對興趣的追求和教學的熱忱，讓我們獲益良多。

### 留韓小故事：港韓大不同

#### 韓國的天氣及服飾

韓國的冬天異常寒冷，戶外氣溫可低達攝氏負20度。幸好，當地的暖氣系統十分完善，商場、交通工具及室內空間皆設有暖氣系統，讓人們能在寒冷天氣下亦感舒適；所以，在戶外往往會身穿輕薄衣物，在外加穿厚外套，一回到室內只需把外套脫掉，甚為方便。當地的暖氣系統以「溫突」為主，指將熱水管埋在地板下，以熱水循環讓房間保持溫暖；所以韓國人都有在地板上做事的習慣。說起它，陳老師還記得當時乘搭韓國的地鐵時，大家都不曾願意坐下，因為熱氣不斷從座位下噴出，會令人感到很炙熱！



韓國地暖的內部結構



韓國燒肉及特色小菜

### 香港與韓國的飲食文化

韓國的食品多是辣而偏甜；另外一些食物，例如炸醬麵、燒肉、炒粉絲等，陳老師都十分喜愛！與香港不同的是，韓國的早餐中，飯也是一種選擇，像是粥和海帶湯飯。而在校園的餐廳裡吃飯，價格頗為便宜，約二十至三十港元不等。

### 香港與韓國的居住環境

陳老師居住的地方跟「考試院」類似，可以想像成較高級的劏房。在韓國因為地熱的緣故，即便睡在地板上，也十分舒適。陳老師在香港也是獨居，所以在韓國並沒有不習慣一人個的生活。韓國的住所設備齊全，家具都一應俱全。不過在香港居住更自在和安全一些，香港入夜後街上的人依然很多，相反韓國在晚上周遭基本上空無一人，若晚上要獨自由學校回家難免會感到害怕。



陳老師在韓國的居住環境

### 留學體驗

#### 最深刻的韓國節慶

韓國的節日與香港大同小異，對比香港，韓國在中國傳統節慶中只是少了端午節。而中秋節在韓國是一個大節日，主要是慶祝豐收，重要程度更等同農曆新年！

韓國有一個特別節日「韓文日」，定於每年10月9日，是為了紀念世宗大王宣布「訓民正音」的紀念日。當日會有很多學韓語的人一起寫韓文字，場面盛大，人聲鼎沸。



韓國櫻花樹下的美景

### 假日休閒的娛樂活動

陳老師會跟一些來探望自己的朋友到處參觀景點及品嚐地道美食，同時亦曾在假日跟同學出外遊玩。最深刻的莫過於參觀南怡島，雖然路途十分遙遠，但依然選擇了從加平火車站步行前往，看似浪費時間，但沿途看到的風景絕對值回票價，這段瘋狂的旅途或許就是青春吧。



## 陳老師與韓社 對韓社的期望

當初韓風剛開始盛行的時候，資訊科技不如現在發達，為了使同學們認識多一種語言，我開辦了韓社，希望能提供一種途徑，讓同學們有更多機會接觸韓文，讓他們可以掌握一些韓語基本的發音和語句。現時同學們能在不同媒介認識韓文。我也希望透過分享留韓時有趣的小故事或舉辦不同活動，讓同學們除了認識語言外，也對韓國文化有一定了解。

### 社員的所見所聞

（本年度韓社主席F. 4C陳煒詩同學分享）

因為疫情的緣故，近年韓社的活動不多，但這些少有的活動，依然令我回味無窮。還記得今年聖誕節時，韓社社員一起觀看韓國流行音樂短片，我們模仿其中動作，讓社員猜測歌曲名稱。除此之外，我們還接觸不同的韓文歌，猜測歌名，從中學習韓文。活動不但有趣，更增進了我們的韓語知識。如果大家對韓國文化有興趣，不妨來年加入韓社，讓我們一起留下珍貴的回憶。



左起：F. 4C 陳煒詩、陳老師、F. 4A 李賢慧、F. 4A 陳明健、F. 4B 王鴻煒、F. 4A 叶浩鈞在韓社資訊板前合照



## 心聲分享

### 1. 在這次韓國留學有沒有留下遺憾？

旅程固然伴隨遺憾，但我感到最惋惜的就是未能達成考取 topik 韓語能力考試第六級的目標。當初我特意為自己設立目標，作為這段期間的動力，在玩樂中兼顧學習。只可惜在進修結束前只考至第五級，而如今這個目標因時間關係只能暫時擱置，但我仍希望能夠實現它。

一年的時間不長不短，但礙於緊迫的課程及測驗，空閒的時間其實不多。如果有機會，我想去探索更多地方，品嚐更多美食，結識更多朋友。在那個Facebook未盛行的時代，有許多當年結交的朋友已不再聯絡。假如此刻我年輕十多歲，再次重頭經歷這段旅途，或許會因科技的進步而別有一番體會。

而當年大三暑假，我到了韓國交流。當時雙親已然退休，因此我沒有延長是次交流體驗，而選擇盡快畢業，做到經濟獨立，避免增加父母負擔。銘賢工作的期間，我抓緊了合適的時機，能如願以償地出國留學，達成了一直以來的夢想，這無疑是正確的決定。

### 2. 想對每一位支持你的人說什麼？

我這一生都和銘賢書院息息相關，無論是學生時期還是畢業工作。校長以及師生都非常照顧我，而我特別想感謝前任校長陳紹才校長。當時陳校長支持我去進修，只是要求我完成學位後要繼續回校任教，給予我充分的支持和無條件的承諾。

我也很感激家人從小到大都給予我極大的自由度，在揀科、選校，或者長大工作都沒有干預，這種家人間的信任便是對我最大的支持。

同時我想感謝銘賢舊同學和同事在假期旅行不忘抽空探望我，很開心能與他們同行，正因他們的到來才讓旅途增添了一抹溫馨，能一起在韓國留下美好的回憶。





王寶儀校友  
電影服裝指導師

左起：F. 4C李家浩、F. 4C盧天樂、吳志輝副校長、王寶儀校友、F. 4D陳雅琪、F. 4C李梓欣、F. 4C盧施允

在2022年1月25日，《思風》編委F. 4D陳雅琪、F. 4C李家浩、盧天樂、李梓欣、盧施允跟吳志輝副校長和李思慧老師一起採訪王寶儀校友。王校友畢業後於理工大學修讀藝術和時裝設計，後因興趣和機緣巧合，投身於電影服裝指導行業。

## 電影服裝指導師之工作體驗：靈活變通 擦出火花

**Q：** 您的工作性質和流程是如何的？

A： 我的工作主要是將文字轉化成影像，呈現人物的背景和性格，以及傳遞訊息給觀眾。當我接收到劇本時，閱讀並分析角色，然後與導演商討。對人物形象達成共識後，我便要定立明確的設計，再與化妝師和髮型師溝通。到了拍攝現場，我要監督人物造型和場地的配合，或進行即時的修改。整個過程存在許多變數，需要靈活變通。

**Q：** 在搭配戲服時，您有什麼考慮因素？

A： 首先，我要了解劇本角色的時代或生活背景，例如在準備古裝劇，我要蒐集資料，研究當時服裝的主要元素、手工、身份象徵物等，確立大概的配搭方向。然後，根據角色的性格，調整服飾中的偏好。接下來，我要將現時大眾的審美觀與之融合調和，並根據演員的身形，修改服裝的裁剪。其實，整套電影的製作講求的是團體合作，我要不同領域的人溝通和配合，環環緊扣，務求為整套電影帶來最好的視覺效果。

**Q：** 在工作經歷中，什麼令您認為頗為有趣？

A： 我覺得有趣的是我經歷了兩種不同形象的拍攝模式。現時，許多的創作過程已是數碼化，若要修改則較為便利，故可以不斷有新嘗試。科技亦允許準確呈現出原本的構圖，令每個流程都在規劃之內。但在我剛入行時，電影仍用菲林拍攝，因為不可修改，所以需要更長時間準備，我要有清晰的規劃。當然，有時最終呈現的效果，可能會和我最初的構想有出入。但正正是這些意料之外，與不同的人 and 事所擦出火花，帶給我無限驚喜。

## 追夢之心路歷程：勇於迎接挑戰 對世界充滿興趣與熱誠

**Q：** 在電影服裝指導這個行業裏，最大的得着是甚麼呢？

A： 最大的得着是使我不斷進步，以及對世界的事物充滿熱誠。

因為電影不能落後，否則便會令觀眾失去興趣，所以我要勇於面對挑戰，緊貼時代的步伐，了解年輕人流行和喜愛的事物，再與舊有的元素結合，提高大家對舊有事物的接受程度。而且，每一次遇到的角色和事物都不同，所以要了解不同時代的服裝特色。在過程中能令自己知識更淵博，令我的事業生涯更為有意義。



王校友正分享着她的故事



這次訪問令我們獲益良多



**Q：在追夢中，您遇到甚麼困難？**

A：剛入行時，電影行業正值蓬勃期，急需大量的人手處理戲服，故當時門檻不高，招聘了來自不同教育背景的人。與不同的人溝通，令他們明白設計配搭背後的理念，對我來說挺有挑戰性。而且人手不足，亦增加了當時的工作量，許多戲服都需要我親自搬移。過程中，不免有氣餒的時刻，亦有許多人選擇放棄，但我對電影服裝行業的鍾愛，令我一直堅持不懈。而當自己努力的成果出現在屏幕前，這份滿足感和成就感不是薪金可以比擬的。

**Q：如果可以選擇多一次，您會不會選擇其他行業？**

A：其實可能會。因為，當初我有頗多的選擇。我對城市規劃很有興趣，其中亦有些環節可以滿足我的設計慾，前途亦較為明朗，家人相對支持。但轉捩點是，中五那年，我又恰巧考到理工大學，就覺得不要放棄這個難得的機會，所以就修讀藝術和時裝設計。雖然我知道其潛在風險，但我覺得凡事都要勇於嘗試，才能知道結果。當中極具挑戰性，而跌過碰過，才可知道自己真正的不足，確切的需求，然後再作嘗試。直到現在，我亦秉承着這種信念，盡可能接受新項目，接觸新領域，讓自己擁有更開闊的人生。

**成長路 銘賢情**

**Q：成長時，有甚麼啟發您對這個行業的興趣？**

A：我小時便愛上畫畫，後來看過一個時裝設計電視節目，令我對這行業產生興趣。但修讀設計後，我才發覺其學習及工作內容較為重視如何向他人推銷產品，和我的想像甚有差距，於是我便尋求其他可能性，亦是此時，我開始接觸電影行業。

**Q：您讀銘賢的時候，有沒有深刻的回憶呢？**

A：這間學校對我影響極其深遠，有許多回憶。我喜歡銘賢較為輕鬆多元化的學習氣氛，有許多課外活動令我有機會探索不同的愛好，確立自己的目標。記憶猶新的是話劇比賽，當時無論由劇本到佈景，都由我和同學一步一步討論，創作而成，令我甚為享受。而且，銘賢老師對學生的鼓勵和無私亦令我動容。最深刻的是，中五我考入理工大學時，遇到經濟的問題，吳志輝老師願意幫助我渡過難關，使我倍感鼓舞。

**Q：您會對即將投身社會的師弟妹給予甚麼意見？**

A：要為面對挫折做好心理準備，並且必須保持堅毅的性格，永不放棄。同學們也應該趁現在透過學校多研究感興趣的事，增值自己，選擇工作時也應以興趣或熱誠為先。

**Q：今天重返校園，您有什麼感受呢？**

A：今天重返校園，許多回憶湧上心頭。我最想的就是環繞銘賢再走一圈，亦不禁回想起銘賢對我人生深遠的影響。記得當初，我剛升上中一時需要時間適應，但我不甘於此，艱辛地追趕上進度，我在這裡學習到人生要不斷勇於挑戰自己，尋求突破。

王寶儀校友  
的中學時代





# 後記

## F. 4C 李家浩、F. 4C 盧天樂：

感謝師姐分享在電影服裝指導行業中，所面對的困難和挑戰；我們十分喜歡師姊的一席話：「要有絕不放棄的精神，接受挑戰才知道自己需要甚麼，這會讓我們變得更加勇敢！」願與同學共勉之。

## F. 4C 李梓欣、F. 4C 盧施允：

衷心感謝師姐在疫情中，撥冗回來接受訪問。感謝她讓我們了解這個行業，令我們大開眼界。同時，她也讓我們明白不斷進步的重要性，也感受到她對這份工作的熱誠。



## 孫穎兒校友 室內設計師

左起：F. 4C 盧施允、F. 4C 李曉珊、吳志輝副校長、孫穎兒校友、F. 4D 陳雅琪、F. 4A 廖嘉熹、李思慧老師、F. 6C 陳葆霖（攝影）

在2021年6月10日，《思風》編委4D陳雅琪、4A廖嘉熹、4C李曉珊、4C盧施允跟吳志輝副校長和李思慧老師一起採訪孫穎兒校友。孫校友於銘賢畢業後，分別在澳洲及香港留學，修讀室內建築學士及純藝術碩士課程。及後曾於不同的國際知名產品/品牌，以及室內/建築公司裡工作，參與或領導不同商業空間設計。現為室內設計高級理事。在此，衷心感謝校友真誠地分享成長的心路歷程，給予我們很大的鼓舞。

## 細訴銘賢師生情

孫穎兒校友表示談及銘賢，許多回憶湧上心頭。她憶道，在中學時期，外表看來樂觀開朗，但並非成績最優秀的一群，的確令她有信心不足的時候，她並笑言可能大家也跟她有類似的感受呢。

幸而，獲得老師的勸勉和關心，讓她找到人生的價值。她提及譚老師曾在課堂上分享人生體會，老師的一席話令她印象深刻：「許多畢業生，在讀書時期能言善辯，未必是成績最為突出的一群，但當他們長大成人，在各行各業中也都能發揮所長。」還有，吳副校長也是她中學生涯中的一位良師益友，有時當她感到迷惘，吳副校長像朋友一樣陪伴她，引導她相信自己。記得吳副校長曾給她一張書籤，寫道：「世事豈能盡如人意，但求無愧於心。」這輕輕的鼓勵，有時在人生失意時，便會浮於孫校友的腦海裡。



## 分享成長之心路歷程

當我們將分享成長的點滴延伸到探求追夢心得的時候，孫師姐笑稱，自己由始至終並無在事業成就上有一個非常大的野心，只希望她的設計可以為人帶來更好的生活。她相信每一個細心的關懷和想法都可以為空間的使用者或其他人帶來一些改變。她認為：「在人生每一個階段，只要由衷地享受其中，用最純真的心，赤誠地待人處事，踏實地將每件事做到最好，冥冥中便走過了許多歷程，一點一滴地累積，自然就一步一步走到夢想之中了！」

而當她在室內設計專業裡，她參與或領導的項目得到不同國內外的獎項認可，當然會有喜悅，但更需要的是感恩及平常心來把握每一個機會，享受當下。就似當初，她未想到自己在空間設計範疇可嘗試到大小不同的項目類型及有關角度去善用願景、策略、市場洞察、美學等來建構空間，她仍然覺得未來還有許多可以發掘與進步的地方。她回想：「許多看似無心的嘗試與體驗，如在中學時參與美術及社會服務，或在職時的業餘參與劇場編作和演出等，都非一朝一夕可以看出成果，但驀然回首，卻發現許多人生軌道有跡可尋，將事情串連，這些一點一滴原來都在悄悄地為我們的軟硬件鋪路。」

當我們問及她工作理念時，她說道：作為設計領導者，不會單把商業的目標放在首位，而是較注重人與人、事與事、人內在的精神價值與品牌之間的聯繫。她分享作為領導，不會全靠個人學歷作評核，而要觀察並欣賞每個人的獨特性，讓團隊可發揮所長，以令他們每一位可以成為一幅多方面發光的拼圖。在帶領時，她希望可以感染團隊懷著熱誠來享受每個創作探索的過程，一同發揮每個人的潛能去為項目帶來耳目一新的驚喜！



孫校友分享着她的故事及籌備母親書法展的過程



## 訪問花絮

### 「墨舞樂其中」書法展

在訪問過程中，談到夢想與成就，孫校友興奮地分享最近一件令她很滿足的事情：她說她的成就不在於工作上的名銜或收入，而是她親身為母親籌辦的「墨舞樂其中」書法展！她以自己的專長為母親完成一直以來的心願——向公眾推廣並宏揚中國書法藝術，並讓門生展出書法作品，以呈現揮灑墨寶的樂趣！

孫校友以自己的專業知識成就了母親的夢想，也連結了一份濃厚的情親，這都讓我們深受感動！



吳志輝校長與恩風編委於採訪翌日到訪書法展，大開眼界！



孫媽媽充滿喜悅地向我們介紹作品。她為到有不同界別的人士表示十分欣賞和喜歡這個展覽，感到很有滿足感，也為到能順利向公眾展示書法作品，引起大眾的興趣，感到很快樂！



## 書法展的一隅



攝影：F. 6C陳葆霖

## 採訪後記

孫師姐風趣幽默，令採訪過程輕鬆愉快。她提及到在銘賢的生活，讓我們倍感親切。我們於訪問翌日到訪她為母親所籌辦的書法展，她親自細心地設計了展覽場地，當中有不少細節，如卷軸形的檯腳，都十分貼合主題，可見師姐的心思，讓我們在一呼一吸間都能聞到墨香，沉醉其中。

再次感謝孫師姐抽空回來接受採訪，讓我們上了人生寶貴的一課！祝願孫師姐生活愉快！

## ECA Wednesday

縱然疫情持續發展，校園生活變得不一樣；然而在學校多方面的配合，並謹守防疫措施之下，課外活動委員會順利統籌多場班際比賽，包括：閃避球、扯大纜以及歌唱比賽等等，務求讓同學擁有難忘的回憶，以及多姿多彩而熱血的校園生活。本期思風希望為大家報道精華片段，與大家記載青春歲月裡美好的時光。

## 銘賢造星 (歌唱比賽)



### 班際歌唱比賽

冠軍：F. 6A

亞軍：F. 6D

季軍：F. 5C

### 班際歌唱比賽冠軍 F. 6A陳振興同學分享：

大家為中學最後一次的班際歌唱比賽盡力地練習，而準備期間的點滴都會成為大家難忘且稀有的校內回憶。





### 獨唱

冠軍：F. 6D 關軍濤

亞軍：F. 2A 吳少愛

季軍：F. 3C 劉悅瑤



嘉賓陳振揚校友（左）與獨唱冠軍  
F. 6D 關軍濤（右）



嘉賓陳振揚校友（左）與獨唱亞軍  
F. 2A 吳少愛（右）



嘉賓陳振揚校友（左）與獨唱季軍  
F. 3C 劉悅瑤（右）

### 二人合唱

冠軍：「So Ying」 F. 4A黃佩瑩 F. 4D蘇穎軒

亞軍：「KSCL」 F. 2C李思茵 F. 2B陳雨彤

季軍：「TwoE」 F. 5B周洛依 F. 5D李麗儀



二人合唱冠軍F. 4A黃佩瑩（左）、  
F. 4D蘇穎軒（右）



二人合唱亞軍F. 2B陳雨彤（左）、  
F. 2C李思茵（右）



二人合唱季軍F. 5D李麗儀（左）、  
F. 5B周洛依（右）

雙人合唱比賽季軍F. 5D李麗儀及F. 5B周洛依同學分享：

李同學：當初我只是抱著志在參與的心態參加比賽，沒想過最後能夠獲獎。

周同學：對我來說，這次比賽是難能可貴的經歷，得到意料之外的收穫，感恩所遇到的一切。

### Next Top Idol

冠軍：「傑出兒童羊腩MO」

F. 6B林垣儀 F. 6A楊穎妍

F. 6C黃韶嵐 F. 6D潘欣杰

F. 6D黃雅儀 F. 6D陳曉彤



Next Top Idol冠軍「傑出兒童羊腩MO」



Next top idol 亞軍「六隻恐龍去野餐」

亞軍：「六隻恐龍去野餐」

F. 4A黃心喬 F. 4A黃美儀

F. 4B關雅茵 F. 4C關雅琳

F. 4C陳煒詩 F. 4C王鄭青

季軍：「INFINITY」

F. 6B吳澤妙 F. 6A霍曉瑩

F. 6A凌巧文 F. 6A尹潔怡

F. 6B陳曉桐 F. 6B梁倩盈

F. 6B農泳茵 F. 6C張子欣



Next top idol 季軍 Infinity





前四名班別合照（左起）第四名F. 4A、亞軍F. 6D、季軍F. 6A及冠軍F. 6C

## 高年級班際閃避球比賽

冠軍：F. 6C

亞軍：F. 6D

季軍：F. 6A

閃避球比賽冠軍

F. 6C班李光胤同學分享：

在畢業前還能跟好兄弟打一場如此精彩的比賽，更取得意料之外的冠軍，已經感動到不知所言，望師弟們珍惜眼前，活在當下，緊握每個機會！



F. 5D



F. 6D



F. 6A



F. 6C



F. 6B



F. 5C





扯大纜比賽冠軍F. 5B班合照

## 高年級班際扯大纜比賽

冠軍：F. 5B  
亞軍：F. 5C  
季軍：F. 5A



扯大纜比賽亞軍F. 5C班合照



扯大纜比賽季軍F. 5A班合照



F. 6D



吳副校長指導F. 5B同學



F. 5D

扯大纜比賽冠軍F. 5B班鄧詠揚同學分享：

經過這次扯大纜活動，我明白到團隊合作的重要性。每當我聽到同學為我打氣的聲音時，我便感覺到身體重新充滿力量。



F. 5C





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